

## **Practitioner's Disclosure Statement**

**Taylor McCrorie, M.A. LMHC**

**Education and Training:** I grew up in Port Angeles and graduated from Port Angeles High School. I left the Peninsula in pursuit of higher education, receiving my Bachelor of Arts in Political Science with a concentration on International Affairs and a minor in Economics and Business from Westmont College in Santa Barbara. After working with at-risk youth and their families in California, I moved to Seattle to pursue a degree in psychology. I graduated from The Seattle School of Theology and Psychology with my Masters of Arts in Counseling Psychology. Upon receiving my degree, I moved back to my home community and began counseling in a community mental health setting, centered around working with youth and their families. I have since been credentialed as a Child Mental Health Specialist and enjoy working in a group private practice setting. Though much of my work to date has been in this capacity, I have experience counseling adults as well as extensive training in the field of domestic violence and fostering healthy relationships. Additionally, I have completed the certification process to practice Cognitive Behavioral Therapy (CBT+), which has proven efficacy in treating problem behaviors, depression, anxiety and trauma responses. Recently I also did over 20 hours of training and supervision in Synergetic Play Therapy, which is a modality formed by Lisa Dion at the Colorado Institute for Play Therapy. I am currently completing supervision requirements to be an approved clinical supervisor and have completed the requisite fifteen clock hours in training. I am certified as a Licensed Mental Health Counselor (LH60522551).

Though I have enjoyed pursuing higher education, I find that my true education and training comes in the therapeutic relationship itself. I look forward to learning from you and about you.

**Clientele, Services and Techniques:** I am currently seeing individuals in all stages of the lifespan, as well as couples and families. My theoretical orientation and supervision technique is grounded in psychodynamic theory, including an eclectic approach borrowing from existential, psychoanalytic, family systems, synergetic play therapy, and psychodynamic theories with a cognitive behavioral practicality.

I believe working with the problem requires addressing the complexities that the problem persists in relationships. Relationships can be a source of great joy, as well as a places of intense pain. Part of our work will be to examine how your relating style keeps you from the utmost satisfaction in your current relationships. We will explore your problem and focus on finding its source and solution. We will take insight gained from your past and apply it to the present with the mutual goal of restoring hope to you and bringing freedom in important areas of your life. We will do so through forming a relationship with one another through the mode of conversation and with the use of other tools deemed helpful or necessary by us both. You can expect honesty, curiosity and respect from me in this relationship.

Please be advised that some problems result in physical conditions and medical consultation may be advised. I believe body, mind and spirit are connected. When one part of you suffers, all areas of your life are affected. Your health and happiness are important to me. I am dedicated to working through the entire therapeutic process with you.